Advocacy Day

Psychiatry UNIVERSITY OF TORONTO

Friday June 2, 2023
online via Zoom

8:30am - 8:45am	**Welcome Remarks** Dr. Benoit Mulsant, Professor and Labatt Family Chair of the Department of Psychiatry *with Drs. Lisa Andermann & Meng-Chuan Lai, co-Chairs, Advisory Council for EDIIA in Clinical Care*

8:45am - 9:30am — **Building Social Interventions and Community Engagement at an Academic Health Centre: Lessons for Psychiatry**

Nassim Vahidi-Williams, Manager, Community and Patient Engagement, St. Michael's Hospital, Academic Family Health Team

Dr. Gary Bloch, Family Physician, SMH & ICHA; Associate Professor, University of Toronto; AMS Phoenix Fellow; Senior Fellow, Wellesley Institute

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9:30am - 10:00am — **Advocacy in Action: resident and faculty perspectives**

Advocacy for Better Healthcare in Ontario Jails: A Firsthand Account
Dr. Maggie Hulbert, PGY-3 resident and 2022 Zofia Pakula Social Justice Award winner, Department of Psychiatry

Access to Care for People who are Uninsured
Dr. Michaela Beder, Psychiatrist, Assistant Professor, University of Toronto

10:00am - 10:10am — **Break**

10:10am - 10:40am — **Is Delivering Equitable Care Incompatible with an Efficient Health System? (keynote)**

Angela Robertson, Executive Director, Parkdale Queen West Community Health Centre

10:40am - 12:00pm — **EDI in Action: Igniting & Moving Forward (panel discussion)**

Andrew Chung, Executive Director, Hong Fook Mental Health Association

Lucy Costa, Deputy Executive Director, The Empowerment Council: Systemic Advocates in Mental Health & Addiction

Dr. Dennis Kussin, founder and former Director, Community Mental Health Clinic at Toronto Western Hospital

Angela Robertson, Executive Director, Parkdale Queen West Community Health Centre

Panel moderators: Drs. Michaela Beder and Kenneth Fung

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Overall learning objectives

1. Participants will be able to identify key steps in building a social accountability program to improve clinical care.
2. Participants will be able to describe components of successful advocacy projects.
3. Participants will be able to examine and discuss lessons learned around "EDI in action" including challenges and successes.

We are grateful to our sponsor, the Dr. Zofia Pakula Social Justice Fund,
for supporting this event. It is an honour for us to carry on Dr. Zofia Pakula's legacy of compassion and courage. <u>Learn more about Dr. Pakula's life and legacy.</u>

Accreditation Details

College of Family Physicians of Canada – Mainpro+: CFPC CERT + ID# 199896-001

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto for up to 3.0 Mainpro+ credits.

Royal College of Physicians and Surgeons of Canada – Section 1

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto. You may claim a maximum of 3.0 hours.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

8:45 am – 9:30 am Building Social Interventions and Community Engagement at an Academic Health Centre: Lessons for Psychiatry

Learning objectives

1. Describe the development and implementation of a program of social intervention at the SMHAFHT.
2. Explore the barriers and facilitators to engaging community in the design and leadership of social interventions in a health team.
3. Critically examine approaches to engaging health providers in systemic advocacy on social risks to health, drawing from experiences at the SMHAFHT and the ACE-PHC project.

Nassim Vahidi-Williams is currently focused on improving patient experience in primary care, as the Manager of Patient and Community Engagement at the St. Michael's Hospital Academic Family Health Team. Grounded in years of front-line health promotion experience, she is dedicated to addressing individual, systemic and environmental factors that impact health status. Her professional activities focus on capacity building through program development and management. Her research interests include the social determinants of health, racialized womens health, and HIV risk behaviours across diverse ethnic populations.

Dr. Gary Bloch is a family physician with St. Michael's Hospital and Inner City Health Associates, and an Associate Professor at the University of Toronto. His clinical, program innovation, education, research, policy and advocacy interests focus on the intersection between primary care, health equity and the social determinants of health. He is a co-founder of the physician homeless services group Inner City Health Associates and the advocacy group Health Providers Against Poverty. He has developed numerous innovative clinical programs for primary care teams, and educational curricula for health care trainees, and served on an Ontario government task force targeting income security. He is an AMS Phoenix Fellow and a Senior Fellow with the Wellesley Institute.

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9:30 am – 10:00 am **Advocacy in Action: resident and faculty perspectives**
Advocacy for Better Healthcare in Ontario Jails: A Firsthand Account and *Access to Care for People who are Uninsured*

Learning objectives

1. Understand the value of health provider advocacy.
2. Gain skills in a diversity of advocacy tactics .
3. Apply advocacy-related skills to two populations with reduced healthcare access in Ontario: uninsured people and people who are incarcerated.

Dr. Maggie Hulbert is a third year psychiatry resident and the Co-Chair of Health Providers Against Poverty, a national advocacy coalition with a broad anti-poverty mandate.

Dr. Michaela Beder is a psychiatrist with the ACT team at St. Michael's Hospital and with Inner City Health Associates in Toronto. Her work is focused on improving the system for, and providing care to, people who experience severe mental illness, homelessness, substance use, criminalization, and immigration related difficulties. She is the Director of Mental Health and Substance Use Care for Inner City Health Associates, and an Assistant Professor at the University of Toronto. She is the Equity and Social Justice Lead for the Department of Psychiatry's general residency program. Dr. Beder is also a community organizer working together with allies at Health Providers Against Poverty and the Healthcare for All Coalition, and on issues of immigration detention.

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10:10 am – 10:40 am Is Delivering Equitable Care Incompatible with an Efficient Health System? (Keynote)

Learning objectives

1. Describe key elements of equitable care.
2. Appreciate the need to address structural inequities.
3. Identify some strategies for delivering equitable care.

Angela Robertson is the executive director of Parkdale Queen West Community Health Centre. Parkdale Queen West is a community-based health service organization serving mid and west Toronto. Angela is dedicated to people and communities facing discrimination, poverty and marginalization and working to change those social conditions.

She is a founding member of Blockorama, which focuses on forging spaces for Black and other racialized LGBTQ+ people and allies in Toronto's Pride, and has served on numerous community Boards, including Black Coalition for AIDS Prevention, Houselink and the Stephen Lewis Foundation. Angela has been recognized for her social justice work by the YWCA, Fred Victor Centre, and Urban Alliance on Race Relations, NOW magazine and was honoured by York University in 2017 with an Honorary Doctorate of Laws degree for her social justice work.

In response to the impact of COVID-19 pandemic on racialized and low-income populations, Angela initiated and co-chair a Black Health Equity Working Group of health sector experts, leaders, practitioners, and researchers concerned with improving the health and wellbeing of Black people. For her work she was recognized by the Alliance with the Denise Brooks Equity Champion Award and the Pillar of the Pandemic recognition award from the U of T's Dalla Lana School of Public Health.

10:40 am – 12:00 pm EDI in Action: Igniting & Moving Forward (panel discussion)

Learning objectives

1. Describe challenges and barriers to equitable care, and proposed solutions.
2. Discuss how structural inequities can impact access to care.
3. Identify best practices for delivering equitable care in hospital and community settings.

Andrew Chung is the executive director at Hong Fook Mental Health Association. He has worked in the non-profit sector for nearly 20 years, most of which have been in healthcare and community service organizations. Prior to Hong Fook, Andrew served as Director of Philanthropy at CAMH Foundation, leading the organization's major gifts strategy, the Recovery College portfolio, and community engagement and EDI initiatives as part of the hospital's $500M comprehensive research capital campaign. Andrew formerly served as Board Secretary for the Asian Canadian AIDS Services, Communications and Policy Advisor at the Consortium of Agencies Serving Immigrant Professionals. He is currently at Cornell University in the Executive MBA/MSc in Healthcare Leadership dual-degree program and will graduate in in Spring 2023.

Lucy Costa is Deputy Executive Director at the Empowerment Council - an organization promoting the voice and human right of mental health clients. She has worked within the service user /psychiatric disability community for over two decades both at a grass roots level and in mainstream initiatives. She has produced education curricula for many stakeholders and has spoken extensively on the need for critical thinking, and ethical advocacy for service users both in psychiatric medicine and law. She has written a number of articles, blogs and is co-editor of Madness Violence and Power: A Critical Collection (U of T Press, 2019) as well as a special edition of the Journal of Ethics and Mental Health (2019).

Dr. Dennis Kussin founded and directed the Community Mental Health Program at the Toronto Western Hospital for over 20 years. Dr. Kussin has recently retired.

Angela Robertson is the executive director of Parkdale Queen West Community Health Centre.